

## Gymnastics Mayhem!

On the 29<sup>th</sup> March 2017 Wrens Nest gymnastics team went to a competition at David Lloyds.

Before we set out, we had a little warm up and went to the toilet so we didn't need it on the minibus we practised our headstands, cartwheels, forward rolls and our backwards rolls.

We set out at 9:30am to get there by 10:00am. When we got in Mrs Abbiss told us to take off our P.E jackets so we did. Obviously the girls wore leotards and the boys wore a shirt and shorts. We watched people do their things and then was the big time Wrens Nest A team, we watched them as hard as we could. We just stared at the A team because we knew they would do fantastically. When they finished the floor routine they went to the jump bit and they did as good as they did on the floor routine. We sat there for a bit while A team ate their lunch when the other school finished theirs the B team went up to do their things too. Sadly, Jason Holt left gymnastics and didn't come to help us win the competition. His amazing sister Nicole Holt helped us though. The B team finished and the C team had to wait for 3 schools to do theirs but soon the time had come. Me and my team had to go up! Me and Lucas were very nervous but we did it we lifted our right arm up to say hello to the judge and did the floor routine. We then did the jump I did fall a little but still did great as our great team leader Mya taught me how to do it. We came 5<sup>th</sup> with a whopping score of 73 and the no. 1 had 75.4 we were only 2.4 away from winning!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Made By Owen Walters.

